

# ConradPetersen

## DERMATOLOGY

Samantha Conrad MD, FAAD  
Erin Petersen MD, FAAD

2845 N Sheridan Rd Suite 700  
Chicago IL, 60657  
T 773.832.7443 F 773.295.4126

### Isotretinoin Information and Instructions

**Please read all of these instructions very carefully. Isotretinoin is highly regulated by the FDA and requires patients, physicians, and pharmacists to participate in a registration program known as iPledge. iPledge has very specific requirements, and if these are not met, you will be unable to fill your prescription.**

- All patients planning to start isotretinoin will be registered into the iPledge program. All patients are required to sign consents to start the medication as required by the FDA and iPledge program.
- All patients will be given an iPledge booklet and assigned a unique patient identification number. The patient identification number is printed on cards in the iPledge booklet. We recommend patients always have this number available when picking up prescriptions.
- Males and females not of child-bearing potential (e.g. post-menopausal, hysterectomy) are able to start the medication immediately after they are registered in iPledge and are not required to log in to answer questions or do additional testing.
- Females of child-bearing potential will be mailed or e-mailed a username and password to access the iPledge website at <https://www.ipledgeprogram.com/iPledgeUI/home.u>

IF YOU DO NOT RECEIVE A USERNAME AND PASSWORD WITHIN 14 DAYS OF BEING REGISTERED, PLEASE CALL 1-866-495-0654. YOU MUST HAVE THIS INFORMATION AT YOUR FOLLOW-UP VISIT.

- Females of child-bearing potential (including those with tubal ligations) will submit a urine pregnancy test the day of registration and then must complete a mandatory 30 day waiting period.
  - A follow-up appointment will be scheduled after the mandatory 30 day waiting period, at which time another urine pregnancy test will be performed and the prescription will be sent.
  - Each appointment where a prescription for isotretinoin is sent marks the beginning of a 7-day window within which you must:
    - 1) Log in to [ipledgeprogram.com](http://ipledgeprogram.com) and answer all questions and confirm two forms of birth control or abstinence.
    - 2) Pick up your prescription from the pharmacy.

NEVER ACCEPT A PORTION OF THE PRESCRIPTION FROM THE PHARMACIST. THEY MUST GIVE YOU THE FULL 30 DAY SUPPLY. IF THEY DO NOT PROVIDE THE FULL 30 DAY SUPPLY, CALL OUR OFFICE.

IF YOU MISS THE 7-DAY WINDOW THE FIRST TIME, YOU WILL HAVE TO WAIT 19 DAYS TO RESTART THE PROCESS.

IF YOU MISS THE 7-DAY WINDOW ANY OTHER TIME DURING THE COURSE, YOU HAVE TO RETURN TO THE OFFICE FOR A REPEAT PREGNANCY TEST TO RESTART THE 7-DAY WINDOW.